

Dedicated charity of

NHS
University Hospitals Sussex
NHS Foundation Trust

Annual Report

2023/24

my

www.myuhsussex.org

my University
Hospitals
Sussex

Making life all together better



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- 1 St Richard's Hospital
- 2 Worthing Hospital
- 3 Southlands Hospital
- 4 Princess Royal Hospital
- 5 Royal Alexandra Children's Hospital
- 6 Royal Sussex County Hospital
- 7 Sussex Eye Hospital



“Every day patients’ hospital experiences are transformed because of the charity. We really see the Trust’s motto - ‘where better never stops’ - in action through their work.”

Dr George Findlay, Chief Executive.

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The charity's annual report and accounts for the year ended 31 March 2024 have been prepared by the Corporate Trustee in accordance with the Charities Act 2011 and regulations made under section 154 of that Act. The charity's report and accounts include all the separately established funds for which the University Hospitals Sussex NHS Foundation Trust is the sole beneficiary.

On 1 April 2023, Brighton and Sussex University Hospitals NHS Trust Charitable Fund (BSUH Charity) and Love Your Hospital (registered charity number: 1049201) merged. BSUH Charity then changed its name to My University Hospitals Sussex and maintains the BSUH Charity registered charity number of 1050864.

Message

from the Chair of Charitable Funds Committee



It is a great pleasure for me as the retiring Chair to introduce this annual report - the first ever for the newly established My University Hospitals Sussex.

Looking back on what has been achieved in the last 12 months, there is much to celebrate and commend. Without question, the charity has immediately made an impact, both within the Trust and beyond, and it is clear to me that it will continue to do so as it works to enhance patient benefit and support staff wellbeing as per the requirements of our Patient First programme.

It has been especially pleasing to see the charity develop its new brand and its exciting mix of sub-brands including My Comedy, My Music and My Gaming.

With regard to fundraising, and despite the current economic pressures, the charity has designed and implemented a progressive programme that sees work to raise funds from a number of constituencies including donors, high-net-worth individuals and companies. In addition, devising a Legacy and In Memoriam programme, enabling supporters to leave a gift in their will or remember loved ones.

Grant-making has been nothing short of outstanding with more than £4.3m distributed across the Trust. Grants have included £500,000 to support the Research & Innovation programme, £117,000 for

the purchase of a real time ultrasound imaging system for use in the neurology theatres and £420,000 to resource the Crisis Fund, helping staff affected by the rise in cost of living.

As I look to hand over to the new Chair, Wayne Orr, it remains for me to thank the charity team for their hard work, passion and relentless energy - and for achieving so much in the last year for the benefit of others. To my colleagues on the Committee, thank you for your commitment to supporting the charity on its journey and to ensure good governance throughout. Furthermore, I must express my thanks to the Executive team for seeing the charity through its fledgling first year, to the Friends, partner charities and corporate sponsors for their unwavering support, and of course to our incredible donors and fundraisers.

I look forward to seeing My University Hospitals Sussex continue to flourish in the coming years and will follow its journey with great interest.

Lizzie Peers

Chair of Charitable Funds Committee

Welcome

from the Director of Charities and Voluntary Services



This year has been one of significant change for the charity - one that has seen a new Trust charity emerge into the public domain.

With a striking brand and a clear purpose; to support patient benefit and staff wellbeing, as per the requirements of Patient First.

To deliver such, we have recruited a new staff team and embarked upon an ambitious programme of communications, fundraising and grant-making. A programme that sees us relate to the patients and families that access our hospitals, who we are and how they can support what we do; and to our staff, the difference we make to their wellbeing and, therefore, why they should support our efforts.

Right from the outset, this programme has seen success, raising more than £1.6m in funds and distributing £4.3m in vital grants. And this is just the beginning. From the foundations laid we will continue to grow, being innovative and progressive in our approach - considered and inclusive.

It is our aim to be the NHS charity of choice in Sussex and so we will continue to grow our brand, communicate the impact of the work, fundraise ethically and grant-make at scale. We will build sustainable partnerships that will make a difference across our hospital sites and across the county.

We would not have navigated our first year without the deft support of Lizzie Peers, Chair of the Charitable Funds Committee. Lizzie has been key to the success of the new charity as we've implemented new governance systems, reporting methodologies and efficiencies. As we've laid the foundations for new income generation, Lizzie has been receptive, working across the committee to secure the necessary support. Thank you, Lizzie, for your dedication. To the wider Trustee team and our Executive Director colleagues, thank you too.

A special mention for retiring Chair of the Trust Board, Alan McCarthy, who has supported the charity at board level.

And lastly, a huge thank you to all our supporters and generous donors who have given their money and energy in support of our work. Together, we really can make a difference.

Steve Crump OBE

Director of Charities and Voluntary Services

About

My University Hospitals Sussex

My University Hospitals Sussex is the dedicated charity supporting the University Hospitals Sussex NHS Foundation Trust. It was formed in April 2023 by the merging of two former dedicated charities: Love Your Hospital and BSUH Charity.

The charity raises funds for treatment, care and research which go over and above core NHS funding, making real and tangible improvements to patients and staff every day.

We provide state-of-the-art equipment, more comfortable hospital environments and wellbeing initiatives for patients, staff and visitors.

Our work supports seven NHS hospitals across Sussex:

- Princess Royal Hospital, Haywards Heath
- Royal Alexandra Children's Hospital, Brighton
- Royal Sussex County Hospital, Brighton
- Southlands Hospital, Shoreham-by-Sea
- St Richard's Hospital, Chichester
- Sussex Eye Hospital, Brighton
- Worthing Hospital.

Our core priorities

- Creating more patient-friendly environments
- Providing equipment for diagnosis and treatment
- Supporting staff development to provide even better care
- Advancing understanding through research projects.

Our mission

To make life all together better. We enhance the care and experience of everyone who comes through the doors of our hospitals.

Our values

Engaging

Everything we do is about engaging with our community. It's communicating and being visible in ways that inspire and compel individuals to support the charity. It's being there for staff and volunteers as they go about their work. It's amplifying the voice of the hospital in the local community.

Optimistic

Our outlook is positive. We are here to make the day better for patients, staff and the wider community. It's a mindset that informs the way we work - looking ahead with optimism and a belief in the possible.

Personal

We are personal - with the wellbeing of our individuals in mind. Helping patients, staff and visitors to have the best experience in hospital beyond core clinical care and infrastructure. It reflects the Trust's Patient First strategy.

We raise funds for treatment, care and research which go over and above core NHS funding.



My University Hospitals Sussex takes its fundraising seriously and values its donors and their privacy. The charity takes care to obtain signed written agreements between the charity and any commercial participators or professional fundraisers that we work with. The charity also adheres to the Fundraising Code of Practice and has a robust Information Governance Policy.

We are signed up with the Fundraising Regulator, which ensures that we monitor and report on the following:

- Whether a professional fundraiser or commercial participator carried out any fundraising activities on behalf of the charity
- Whether the charity or any person acting on its behalf voluntarily subscribes to recognised fundraising standards or scheme for fundraising regulation
- Any failures to comply with the standards or scheme
- The number of complaints received about the charity's fundraising
- How the charity protects the public, including vulnerable people, from unreasonable intrusion on a person's privacy, unreasonably persistent approaches or undue pressure.

During the year there were no failures to comply with the Fundraising Code of Practice, and the charity received no complaints.

My University Hospitals Sussex is registered with the Charity Commission for England and Wales (1050864). As a registered charity, My University Hospitals Sussex complies with charity law and the regulatory requirements of the Charity Commission. This includes ensuring that all gifts are spent for the maximum public benefit and in alignment with the donors' wishes. Our charity Trustees have a duty to 'have regard' for the Charity Commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant.

A Year in Numbers

1 April 2023 - 31 March 2024



Patient welfare represents contributions made towards patient experience at our hospitals



Capital grants support productivity improvements in our hospitals



Staff education and welfare includes additional staff training to enable staff to provide even better care



Total charitable expenditure including patient and staff welfare, training and capital grants

A Sea View

Refurbishing the Fluoroscopy Suite



My University Hospitals Sussex continues to prioritise the Trust's Patient First ambition to improve patient services and quality of care.

This year, the charity has funded the refurbishment of the Fluoroscopy Suite at the Royal Alexandra Children's Hospital, providing a state-of-the-art service for paediatric patients across the region.



The refurbishment of the Fluoroscopy Suite saw the Trust Capital team work successfully with the PFI owner, Kajima, and My University Hospitals Sussex to enable the delivery of a vibrant ocean-themed room, benefitting the more than 400 children a year that use the service. In addition, new imaging equipment that provides better image quality has been installed and, crucially, with software adaptable to a child's age and size, there will be a decrease in radiation dosage. Improvements to the service are evident already, with reduced waiting times and diagnostic pathways, a less stressful experience for patients and the ability to begin expanding services.

Emily Loaring, Senior Paediatric Radiographer, was thrilled with the new suite:

“

What a difference. We smile whenever we walk into the room. It is great to have the new suite and equipment, which is very easy to use. It is making the process of having the procedure done far less stressful for everybody involved.

Fluoroscopy is a procedure that makes a real-time video of the movements inside a part of the body by using x-rays. The Royal Alexandra Children's Hospital Fluoroscopy Suite provides services for both acute and elective pathways, and primarily gastric and speech and language patients. As the hospital is the regional paediatric centre, it provides the only 24/7 dedicated paediatric fluoroscopy service to the South East.

“I've been in fluoroscopy rooms before, but I've never seen one that is so well set up and decorated.”

Robert Curtis,
parent of patient.



Together for Tomorrow

Supporting the Future of Healthcare

In November 2023, My University Hospitals Sussex held its inaugural Together for Tomorrow Ball.

Hosted at the stunning location of Goodwood House in Chichester, the event marked a significant milestone in the charity's ongoing commitment to advancing healthcare in Sussex.

Nestled within the sprawling embrace of picturesque parkland, guests were welcomed into the historic residence, admiring its exquisite regency-style splendour as they showed their commitment to reshape the future of local NHS healthcare alongside My University Hospitals Sussex.

Corporate support was provided by McBains, People Source Consulting and the University of Sussex, with Willmott Dixon Interiors generously sponsoring the event.

The night was hosted by beloved TV broadcaster Natasha Kaplinsky, with expert speakers from the Trust, Dr Martin Llewelyn and Dr Robert Galloway, sharing valuable insights into the impact of charitable funding on medical advancements, particularly in emergency care and research. Guests enjoyed a sumptuous three-course meal, a thrilling fundraising auction and then danced the night away in the grand ballroom with live music from White Men Can't Funk and celebrity DJ Denise Van Outen.

The ball embodied the spirit of unity and shared purpose, and through the generosity of supporters

the charity can invest £128,000 into changing local lives for the better. Having already funded the Da Vinci Robot Arm at the Princess Royal Hospital in Haywards Heath - the first NHS hospitals in the South East to offer robotic technology for knee replacements - this further contribution from My University Hospitals Sussex can establish a fully equipped robotics program, significantly improving patient care by reducing surgery complications and the length of stay in hospital.



Director of Charities and Voluntary Services, **Steve Crump OBE**, expressed his gratitude:

“

The theme of our Together for Tomorrow Ball was not just a concept, but a promise to invest in the relentless pursuit of excellence for patient care, to nurture innovation, and to empower our dedicated healthcare professionals across the Trust.



£
£128,000
Total pledged

“Thanks to the generosity of our supporters and sponsors, we raised a truly transformative amount. This will enable My University Hospitals Sussex to continue to make a profound impact, ensuring that our hospitals remain at the forefront of cutting-edge medicine and compassionate care.”

Hospital in Bloom

Antenatal Garden Opens



In the busy hustle and bustle of a hospital, a place of calm can be difficult to come by. Fortunately for the Antenatal Clinic at Princess Royal Hospital, this is no longer the case thanks to a beautiful new garden.

When others saw rack and ruin, Debra saw potential. Debra Stokeley is the Antenatal Clinic Lead at the hospital. She approached the charity with her proposal to develop an unused terrace into a relaxing garden space with replanted raised beds and seats with a view, and they were happy to help make this vision a reality.

The area has been transformed. What was a gloomy, overgrown and neglected corner, is now a bright, calming and peaceful Antenatal Garden. The garden is painted in neutral colours, with butterfly artwork framing the space. Light, airy, with both shady and sunny spots, it provides patients and staff with somewhere to decompress.

What's more, staff have planted a tree in memory of Deena Everest, a much-loved member of the Maternity team at Princess Royal Hospital for many years. **Debra** said:



Some patients receive bad news and find it difficult to return. Some find it hard being in a waiting room with pregnant people when they've recently lost a baby. And others might be waiting a few hours for blood results. Having this calming garden for our department will hopefully make their experiences just that little bit more comfortable.



Pitch Perfect

Local Choir Holds Christmas Concert



Without support from the local community, My University Hospitals Sussex would not be able to make a positive difference to the lives of NHS patients and staff.

From sponsored stunts to captivating concerts, our fundraisers are unparalleled in their support. And this festive season, longtime supporters, Pzazz Singers, raised an incredible £3,000 for the charity.

Pzazz Singers is a choir based in Chichester, regularly performing in the community. On 2nd December, they took to the stage for their special Christmas concert, Putting on the Glitz. Singing up a storm to a sold-out audience, they performed a spectacular showcase, which included well-loved classics such as 'Living on a Prayer' and 'Don't Stop Me Now', along with several festive favourites. Money was raised from ticket sales, a raffle and a very welcome, unexpected and generous donation on the night.

Alastair Irons, Head of Fundraising and Communications, said:

"The singers of Pzazz gave their all for the audience and for the NHS so we're deeply grateful not just for the show they put on, but for all the hours of rehearsals that proved so worthwhile. Grateful too for the kindness of everybody who attended."



Funding the Future

Medical Research Fellowship



“Research is vital in providing the evidence we need to transform services and outcomes” - The Five Year Forward View (Department of Health, 2017).

Research and Innovation are embedded at University Hospitals Sussex. The Trust's research studies aim to find out important information in response to a health question; a well-designed study provides reliable evidence that can help improve NHS services and treatments, the knowledge and understanding of health professionals, and give patients the best outcomes.

The charity is dedicated to supporting the Trust's Research and Innovation strategy, and as such, has committed to funding components of a three-year Medical Research Fellowship. In partnership with the University of Sussex, My University Hospitals Sussex is supporting Dr Stephen Robinson to undertake his PhD, developing blood tests to help with diagnosis, subtyping and monitoring treatment for brain tumours.

Glioblastomas are the most common type of cancerous brain tumour in adults. Fast-growing and aggressive, they display a high recurrence rate and resistance to current common and highly invasive therapies, which include maximal surgical resection and radiotherapy. Therefore, the development of new procedures to progress diagnosis and treatment of glioblastomas is urgently needed.

The charity-funded research aims to move forward extracellular vesicles based liquid biopsies (blood tests) for the identification of glioblastoma biomarkers, leading to clinical implementation. Meaningful biological insights derived from the blood of patients with brain tumours will open the possibilities for non-invasive diagnosis, subtyping and monitoring response to treatment.

This study directly involves the local patient population in its ground-breaking clinical-translational research.

Dr Stephen Robinson is a Clinical Oncology Registrar at the Trust specialising in systemic therapy and radiation for cancer treatment. He is one year into the Medical Research Fellowship, with spend so far at £19,750. He said:



Pushing our collective knowledge forward has been a driving force throughout my career, and this fellowship is a great opportunity to do just that. Our lab's research into developing a liquid biopsy will tackle many of the difficulties that come with diagnosing and treating glioblastomas.



If a blood test can inform us about a person's brain tumour, then we can refine our ability to provide a prognosis and decide on a treatment plan. This capability would enable more frequent monitoring, lessen costs and delays, and reduce anxiety for both doctors and patients. It would be a significant step-forward. And to have the Trust working with the University of Sussex is a fantastic opportunity to learn, improve and evolve cancer treatment.



Muddy Miles

Tackling Tough Mudder



Wading through mud, tackling obstacles and battling rain; Brighton's Stroke Unit team didn't let anything stop them go the extra mile (or 6.2 to be exact) for their patients.

Twelve of Royal Sussex County Hospital's staff members took on the infamous Tough Mudder to fundraise for the charity. The dedicated multidisciplinary team decided to tackle the epic challenge to make a difference to the lives of patients supported on the Stroke Unit.

Having recently relocated to their new home - the Louisa Martindale Building - the team of doctors, nurses and therapists used the opportunity to raise some vital extra funding to ensure the best possible care for people recovering from stroke.

From ice pools to climbing walls, muddy pits to electric shocks, the team battled it all along the 10km run.

Tom De'Ath, Stroke Registrar, said:

“ We are lucky to work in a friendly and supportive team with good camaraderie and passion for the job. We wanted to use our team-working skills that we use every day looking after our stroke patients to take on a challenge for them. It certainly wasn't easy, but we pushed through and made it to the finish line together - and all in one piece! It was a great accomplishment, made all the more meaningful because the money we raised is supporting our patients. ”



The team smashed their fundraising target, raising an incredible £1,702 for their patients.

Representing Renal

Brighton Go for Gold



In 2021, Callum was having daily dialysis sessions because his kidneys were failing; in 2023, he was winning medals for cycling.

In July, just a year after he had his kidney transplant, Callum Fairclough joined the 'Dolphins', and headed to Coventry for the British Transplant Games. In its 45th year, this was the first time Brighton was represented with its own team.

Taking place in different host cities every summer, the Games see teams from hospitals across the UK come together to compete in an exciting assortment of sports. Over four days around 1,000 transplant athletes and more than 1,700 supporters gather for the event. Organised on behalf of Transplant Sport, the Games aim to raise awareness of the need for organ donation, encourage transplant recipients to regain fitness and show appreciation for, and remember, donors and their families.

The 'Dolphins' comprised of a group of transplant recipients, live donors and family members, treated at Sussex Kidney Centre in the Royal Sussex County Hospital. With a fee to compete, along with travel and accommodation costs, My University Hospitals Sussex were able to make this exciting opportunity a reality by funding £4,433 to ensure each of the 'Dolphins' was able to take part and enjoy this incredible experience.

Across the team, a wide range of games were enjoyed, including swimming, football and badminton.

Callum competed in two cycling races, the 5km Time Trial and the 10km Road Race, and won two silver medals for his efforts. He said:

“ Being part of the British Transplant Games is a wonderful experience. It's impossible not to feel inspired by all the incredible people that get involved. The atmosphere is friendly, supportive, and totally uplifting. Getting a medal is of course a great feeling, but a lot of the reason I feel pride for the achievement is that I can show my donor, my family, and the nurses and doctors involved in getting to the health I am in now. It sort of feels like I'm representing my donor, and the hospital, more than myself personally. ”



Comfort after Childbirth

Aiding Patient Healing

Every person’s experience with birth is different, and for some it can be painful. The charity is committed to supporting the Trust to provide excellent care, every time, for every mother and baby across their maternity wards.

And so, in 2023, My University Hospitals Sussex funded the Endoanal Ultrasound Scanner to benefit patients at both Worthing and St Richard’s Hospitals. Many women experience perianal tears during childbirth; ranging from first degree, which usually

heal naturally, to third and fourth degree, which cause Obstetric Anal Sphincter Injury (OASI). Unfortunately, as common as these injuries are, they can greatly affect a person’s quality of life - physically, psychologically and financially.



Consequences of each case can be difficult to determine accurately without a scanner; women can experience various symptoms such as perineal pain and incontinence, as well as difficulties in subsequent births.

Previously, any patients requiring an endoanal ultrasound scan had to travel to University Hospital Southampton or Croydon University Hospital, but with the rate of OASI growing (perhaps due to increased recognition), the necessity for the Trust’s own machine was fast becoming apparent.

The Endoanal Ultrasound Scanner, which is mobile for use across both Worthing and St Richard’s Hospitals, is already making a difference in assisting the multidisciplinary assessment of patients in the new Perineal Tears Clinic. Through suitable scanning, the team can reduce risks and enhance experience. Alongside the patient they can determine best birthing options, ensure counselling to support their decisions is provided, and prevent problems in later life with focused physiotherapy.

Georgina Fraser, Consultant Gynaecologist, shared her appreciation for the charity’s funding of the scanner:



“For women who have sustained birth injuries, a multidisciplinary team of a midwife, physiotherapist and consultant is best practice. But that wouldn’t be possible without this new piece of kit. We can now provide an ‘ongoing package’ for our patients.”

Lorna Gisborne, Pelvic Health Midwife, added:

“With this scanner, our service for birth trauma is now gold-standard. The addition of this equipment is improving women’s health across the Trust.”

Chuckles for Charity

A Hat-Trick of Comedy



The introduction of the My University Hospitals Sussex brand brings with it the development of an eclectic group of sub-brands, including My Music and My Gaming. But the first to launch, and successfully so, was My Comedy.

In June, My Comedy's first gig, Covert Comedy, welcomed an intrigued audience with high expectations and hunger for a mid-week laugh. The aptly named show keeps the names of those bringing the laughs under wraps until the night, providing an exciting surprise for audiences.



And they were not disappointed. With two more shows following, in November and February respectively, each Covert Comedy has brought first-class comedy to Sussex, with stellar stand-ups from across the circuit as seen on TV shows such as Mock the Week, Live at the Apollo and 8 Out of 10 Cats. Maisie Adam, Alasdair Beckett-King and Tom Ward are just a few of the comedians to leave the audience in stitches with their sharp wit, salacious stories and impeccable timing.

Audiences have continued to grow with each event as recommendation spreads across both public and staff from entertained audience members.

In association with 3 Word Group and The Charmandean, these fantastic events are all hosted at no cost to the charity, with the comedians and the venue generously supplying their time and space free of charge.

After the charity's hat-trick, Covert Comedy continues into the new year with another knock-out show already scheduled. With £6,324 raised so far, and with My Comedy evolving with each event, the charity can't wait to see how much can be added over the coming year.

November's headliner, **Maisie Adam**, shared:

“It's incredibly important to support causes like this. It's vital to have our hospitals in the best state they can possibly be in, and that relies on brilliant charities like My University Hospitals Sussex. It was a wonderful evening for a wonderful charity - a real pleasure.”

Sights Set

New Equipment for Eye Clinic



The charity is committed to supporting outstanding patient care through the provision of modern equipment.

This year saw Southlands Hospital introduce the latest scanning technology for effective eye-imaging. Optical Coherence Tomography (OCT) is a non-invasive imaging method that generates pictures of the back of the eye (retina). It can be used to diagnose and manage many diseases, such as glaucoma, diabetes-related retinopathy and age-related macular degeneration.

The necessity of reliable, versatile and high-quality imaging in the ophthalmology service has been increasing in recent years. With healthcare providers

within a variety of fields using OCT more frequently and the existing number of OCT scanners across the service at Southlands Hospital being used to capacity, the need for an additional machine was evident.

The newest arrival, funded by My University Hospitals Sussex, is increasing diagnostic capability, improving monitoring of patients and enhancing the clinic. A more advanced version than the standard OCT machine, it can provide detailed scans of the blood vessels at the back of the eye.

Cymon Kelly, Ophthalmology Charge Nurse, said:

“The new OCT machine has helped us continue to work toward the Trust's Patient First approach here at Southlands. We're improving care, transforming our systems and working more efficiently already.”



Beyond the Treatment

Small Acts of Friendship



Small Acts of Friendship is a unique programme that improves the wellbeing of inpatients across our hospitals. In its sixth year of operation, My University Hospitals Sussex is committed to ensuring the programme continues to grow and benefit more patients.

Offering personal services, therapies and activities through comfort, connection and therapeutic touch, Small Acts of Friendship supports patients' emotional state, sense of dignity and self-expression whilst in hospital. It also helps with preparation for transition back home to the community, mobility and social activity - providing a safe space for patients to interact, form friendships and share similar experiences.

From haircuts and reflexology to music sessions and art therapy, the acts of friendship are varied, person-centred and tailored to the individual.

The programme aligns with the Patient First strategy, helping the Trust provide outstanding care for patients. In fact, this was recognised by the Care Quality Commission. They stated:



“

Staff highly valued people's emotional and social needs and we saw these were not only embedded in their care and treatment but went over and beyond to innovate the 'Small Acts of Friendship' programme.

Primarily focused at Royal Sussex County Hospital in Brighton and Princess Royal Hospital in Haywards Heath on the elderly care, respiratory and intensive care wards, 4,616 patients were supported in 2023.

Recipient feedback across all areas reported the difference the small acts of friendship have had on hospital experiences:

“The music was beautiful and calmed my breathing.”

“For the duration of the reflexology treatment, I was taken away from the stresses and strains of my hospital admission. At the end I felt a feeling of hope.”

“Very relaxing, better than the pain patches, and has more impact than the morphine.”

Staff on the wards have also praised the programme, with one doctor sharing:

“The Small Acts of Friendship team do wonderful work. It's so supportive and helps each patient with their recovery and ongoing treatment.”

Small Acts of Friendship is funded through a blended solution, with Friends of Brighton and Hove Hospitals and Princess Royal Hospital League of Friends contributing financially for provision of the programme, alongside My University Hospitals Sussex.

It is vital that patients are stimulated, motivated and engage in daily routines of activity, self-care

and connection. Small Acts of Friendship helps enable patients to achieve this, feeling more in control of their lives. **Paula O'Sullivan**, Small Acts of Friendship Co-ordinator, summarised: **“The patients' testimonies speak for themselves. These treatments reduce pain, increase self-confidence and help people cope with life in hospital.”**

Board Directors

of the Corporate Trustee

The Board of Directors at University Hospitals Sussex NHS Foundation Trust ensure the charity is supporting the objectives and operating alongside the Trust, complementing its core work.

All new Trustees receive an introduction to the charity explaining their role in its operation. Those directly involved with the Charitable Funds Committee may receive additional specific training if required.

Non-Executive Directors		
Lizzie Peers	Chair of Charitable Funds Committee (to 10.05.2024)	Term of Office to 10.05.2024
Wayne Orr	Chair of Charitable Funds Committee (from 11.05.2024)	Term of Office from 19.02.2024
Lucy Bloem		
Patrick Boyle		Term of Office to 30.06.2023
Jackie Cassell		
David Curley		
Philip Hogan		Term of Office from 01.01.2024
Claire Keatinge		Term of Office to 31.03.2024
Professor Paul Layzell CBE		
Sadie Mason MBE		Term of Office to 30.11.2023
Lillian Phillips		Term of Office to 29.04.2023
Professor Malcolm Reed		
Bindesh Shah		
Executive Directors		
Alan McCarthy MBE DL	Trust Chairman	
Dr George Findlay	Chief Executive	
Dr Andy Heeps	Deputy Chief Executive and Chief Operating Officer	
Dr Maggie Davies	Chief Nurse	
Sandi Drewett	Chief Culture and Organisational Development Officer	Term of Office from 21.11.2023
Karen Geoghegan	Chief Financial Officer	
David Grantham	Chief People Officer	
Darren Grayson	Chief Governance Officer	
Leanne McLean	Interim Chief Nurse	Term of Office to 30.09.2023
Roxanne Smith	Chief Strategy Officer	Term of Office from 02.06.2023
Professor Katie Urch	Chief Medical Officer	

Structure, Governance and Management

Overview

The charitable funds are registered with the Charity Commission (no.1050864) in accordance with the Charities Act 2011.

My University Hospitals Sussex is registered as an umbrella charity, the governing document being a trust deed dated 8 September 1995 as amended by Statutory Instrument 2003/866.

The charity is constituted of 52 individual funds as at 31 March 2024 (2023: 357) and the notes to the accounts distinguish the types of fund held and disclose separately all material funds.

Charitable funds received by the charity are accepted, held and administered as funds and property held on trust for purposes relating to the health service in accordance with the National Health Service Act 2006 and these funds are held on trust by the corporate body.

Corporate Trustee

University Hospitals Sussex NHS Foundation Trust acted in the capacity as Corporate Trustee of the charitable funds governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011.

Management of Funds

My University Hospitals Sussex is governed by a trust deed. The Corporate Trustee is the Trust Board of University Hospitals Sussex NHS Foundation Trust.

The Trust Board, whilst retaining overall responsibility for the management of the funds in its capacity as Corporate Trustee, delegates responsibility to the Charitable Funds Committee. The day to day management is provided by the Charity Director and individual fund managers.

The Trust Board of the Corporate Trustee comprises Executive and Non-executive Members.

Non-executive Members of the Board are appointed by the NHS Appointments Commission and Executive Members of the Board are subject to recruitment by the Trust Board of University Hospitals Sussex NHS Foundation Trust.

The Corporate Trustee fulfils its legal duty by ensuring that funds are spent in accordance with the objectives of each fund. By designating funds the Corporate Trustee respects the wishes of donors to benefit patient care and advance good health and welfare of patients, carers and staff.

The Financial Accounts Department of University Hospitals Sussex NHS Foundation Trust, which is located in Brighton General Hospital, Elm Grove,

Brighton BN2 3EW, is responsible for the day to day financial management and accounting for the charitable funds during the year.

Structure and Governance

The charity is considered to be a subsidiary for accounting purposes of University Hospitals Sussex NHS Foundation Trust, an organisation established in the United Kingdom.

The Trust has assessed its relationship to the charitable fund and determined it to be a subsidiary because the Trust is exposed to, or has rights to, variable returns and other benefits for itself, patients and staff from its involvement with the charitable fund and has the ability to affect those returns and other benefits through its power over the fund.

The charitable fund's statutory accounts are prepared to 31 March in accordance with the UK Charities Statement of Recommended Practice (SORP) which is based on UK Financial Reporting Standard (FRS) 102. On consolidation, necessary adjustments are made to the charity's assets, liabilities and transactions to:

- Recognise and measure them in accordance with the Trust's accounting policies and
- Eliminate intra-group transactions, balances, gains and losses.

The Trust's principal purpose is to provide healthcare services for patients and service users in England.

Where funds are received which have specific restrictions set by the donor and a suitable fund is not in existence, a new restricted fund is established.

The charity holds four endowment funds which are capital in perpetuity, the income from which may be used for any purpose other than general maintenance of the hospitals.

The charity produces an induction pack for newly appointed members of the Trust Board. This pack provides information about the charity, including the Corporate Trustee's annual report and accounts, budgets, policies and minutes, and information about trusteeship, including Charity Commission booklet CC3, The Essential Trustee.

Risk Management

The major risk to which the charity is exposed is the possible losses from a fall in the value of the investments and the level of reserves available to mitigate the impact of such losses.

The value of the investments is regularly monitored with the assistance of the charity's investment advisers and there are procedures in place to ensure that both spending and firm financial commitments remain in line with income.

Objectives and Activities

The principal objective of the charity is for any charitable purpose relating to the NHS wholly or mainly for the services provided by University Hospitals Sussex NHS Foundation Trust.

During the year the funds continued to support a wide range of health-related activities benefiting both patients and staff. In general, they are used to purchase additional goods and services that the NHS is unable to provide, for example, needed medical equipment. The funds also enable consultants and other medical staff to attend training courses not funded by the NHS. Specific research is also funded. The Corporate Trustee confirms that the activities undertaken and planned future activities are in accordance with the Charity Commission's guidance on public benefit and the charity's legal purpose.

Financial Review

The principal funding of the charity is from donations and legacies which generated income of £1,676,000 compared to £1,458,000 in 2023. Investment income was £539,000 (2023: £446,000) giving total income of £2,215,000 (2023: £1,904,000). Expenditure on raising funds was £275,000 (2023: £75,000) and expenditure on charitable activities was £5,081,000 (2023: £1,843,000). After gains on investments of £354,000 (2023: loss of £1,068,000) the net expenditure for the year was £2,787,000 (2023: £1,082,000).

Reserves Policy

Under SORP 2019, charitable reserves are identified as income which becomes available to the charity and is to be spent at the Trustee's discretion in furtherance of any of the charity's objectives, but which is not yet spent, committed or designated.

The definition of 'reserves' should exclude:

- Endowment funds
- Restricted funds
- Designated funds.

The majority of the income is classified as designated funds, for the benefit of hospital sites, divisions or individual departments. Each department is expected to have an expenditure plan, which is updated regularly. The funds are closely and regularly monitored, ensuring they are spent within a reasonable period of time. In line with the Charity Commission's guidance, a separate Reserves Policy is not required for designated funds. The policy of the Trustee is to spend these monies in accordance with the plans of expenditure as quickly as possible, unless there is a need to save monies for a major purchase.

Unrestricted and undesignated funds allow much more flexibility, and these funds enable the charity to support the Trust's strategic aims. Where possible, fundraising encourages generic giving.

The Trustee reviews the balance of funds on a regular basis. Fund balances as at 31 March 2024 were :

• Restricted funds	£1,257,000
• Endowment funds	£471,000
• Designated funds	£7,799,000
• Free unrestricted general funds	£3,591,000
Total funds	£13,118,000

The Reserves Policy is to hold minimum reserves equivalent to six months operational expenses which are expected to be in the region of £653,000. At 31 March 2024 this gives an excess of £2,938,000 above minimum reserves, which provides a buffer in the event of a future drop in income.

Statement of Trustee's Responsibility

The Trustee is responsible for preparing the Trustee's annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales/Northern Ireland requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustee is required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP 2019 (FRS 102)
- Make judgements and estimates that are reasonable and prudent
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Investment Policy

The charity manages its investment risks by retaining expert advisors and operating an Investment Policy that provides for a high degree of diversification of holdings within investment asset classes. The investment portfolio is managed on

a full discretionary basis by Atomos Investments Limited who acts as the Trustee's nominee.

The Trustee's overall investment objective is to maintain capital in real terms and maximise income. The charity does not make use of derivatives and similar complex financial instruments and it is the Trustee's policy that no direct investment shall be made in tobacco related shares, in companies listed under alcoholic beverages or anything which does not comply with the aims and ideals of the NHS.

Whilst the charity absolutely aims to spend accumulated funds as quickly as possible in line with the priority of the Trust, where plans take longer to mature the charity always looks to invest funds wisely.

Grant-making Policy

Grants are made from the charity's funds for divisions, sites and departments. These funds are overseen by fund managers who make recommendations on how to spend the money within their area, within the terms of the donation and the fund. Where expenditure is to be funded by a capital grant, the fund managers' recommendations are subject to a full business case and approval by Trust committees (Capital Investment Group and the Medical Equipment Management Group).

Confirmation to Auditors

The Trustee confirms that they have taken steps that they ought to have taken to make them self aware of any information needed by the charity's auditor for the purposes of their audit and to establish that the auditor is aware of that information. The Trustee is not aware of any other information of which the auditor should be aware.

Approved by the Trustee and signed on their behalf by:

Signed *Clare Stafford*

Clare Stafford, Chief Financial Officer.
Dated 26 June 2024

Independent Auditor's Report

to the Trustee of My University Hospitals Sussex

Opinion

We have audited the financial statements of My University Hospitals Sussex for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- Give a true and fair view of the state of the charity's affairs as at 31 March 2024, and of its incoming resources and application of resources, for the year then ended;
- Have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- Have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for Opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law.

Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions Relating to Going Concern

In auditing the financial statements, we have concluded that the Trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate. Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue. Our responsibilities and the responsibilities of the Trustee with respect to going concern are described in the relevant sections of this report.

Other Information

The other information comprises the information included in the Trustee's annual report, other than the financial statements and our auditor's report thereon. The Trustee is responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are Required to Report by Exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2011 require us to report to you if, in our opinion:

- The information given in the financial statements is inconsistent in any material respect with the Trustee's report; or
- Sufficient accounting records have not been kept; or
- The financial statements are not in agreement with the accounting records; or
- We have not received all the information and explanations we require for our audit.

Responsibilities of Trustee

As explained more fully in the Trustee's responsibilities statement, the Trustee is responsible for the preparation of the financial statements which give a true and fair view, and for such internal control as the Trustee determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the Trustee is responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustee either intends to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Financial Statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below.

Capability of the Audit in Detecting Irregularities, including Fraud

Based on our understanding of the charity and industry, and through discussion with the Trustee and other management (as required by auditing standards), we identified that the principal risks of non-compliance with laws and regulations related to health and safety and anti-bribery. We considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements such as the Charities Act 2011 and Charities Statement of Recommended Practice (FRS 102) 2019. We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls), and determined that the principal risks were related to posting inappropriate journal entries to increase revenue or reduce expenditure and management bias in accounting estimates and judgemental areas of the financial statements.

Audit procedures performed by the engagement team included:

- Discussions with management and assessment of known or suspected instances of non-compliance with laws and regulations and fraud; and
- Identifying and assessing the design effectiveness of controls that management has in place to prevent and detect fraud; and
- Challenging assumptions and judgements made by management in its significant accounting estimates; and
- Confirmation of related parties with management, and review of transactions throughout the period to identify any previously undisclosed transactions with related parties outside the normal course of business; and
- Reading minutes of meetings of those charged with governance; and
- Review of significant and unusual transactions and evaluation of the underlying financial rationale supporting the transactions.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance.

The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit.

We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the charity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the Trustee.

- Conclude on the appropriateness of the Trustee's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation (i.e. gives a true and fair view).

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Use of our Report

This report is made solely to the charity's Trustee, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008.

Our audit work has been undertaken so that we might state to the charity's Trustee those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's Trustee as a body, for our audit work, for this report, or for the opinions we have formed.



Kreston Reeves LLP

Chartered Accountants
Statutory Auditor
Chichester

Date 27 June 2024

Kreston Reeves LLP is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006.

Statement of Financial Activities

Year ending 31st March 2024

	Notes	Unrestricted Funds £'000	Restricted Funds £'000	Endowment Funds £'000	Total Funds 2024 £'000	Total Funds 2023 £'000
Income from						
Donations, legacies and other income	2	1,641	35	-	1,676	1,458
Investment income	3	539	-	-	539	446
Total income		2,180	35	-	2,215	1,904
Expenditure on						
Raising funds	4	-275	-	-	-275	-75
Charitable activities						
Patient welfare	5	-990	-48	-	-1,038	-668
Staff education and welfare	5	-1,122	-32	-	-1,154	-805
Misc	5	-51	-3	-	-54	-152
Capital grants	10	-2,790	-45	-	-2,835	-218
Total charitable activities		-4,953	-128	-	-5,081	-1,843
Total expenditure		-5,228	-128	-	-5,356	-1,918
Net gains/(losses) on investments	11	354	-	-	354	-1,068
Net income/(expenditure)		-2,694	-93	-	-2,787	-1,082
RECONCILIATION OF FUNDS						
Net income/(expenditure)		-2,694	-93	-	-2,787	-1,082
Transfer between funds		-	-	-	-	-
Net movement in funds		-2,694	-93	-	-2,787	-1,082
Total funds brought forward		14,084	1,350	471	15,905	16,987
Total funds carried forward		11,390	1,257	471	13,118	15,905

Statement of Financial Position

As at 31st March 2024

	Notes	Unrestricted Funds £'000	Restricted Funds £'000	Endowment Funds £'000	Total Funds 2024 £'000	Total Funds 2023 £'000
Fixed assets						
Investments	11	10,274	1,257	471	12,002	15,841
Total fixed assets		10,274	1,257	471	12,002	15,841
Current assets						
Debtors	12	537	-	-	537	313
Cash at bank and in hand	13	1,514	-	-	1,514	1,657
Total current assets		2,051	-	-	2,051	1,970
Current liabilities						
Amounts falling due within one year	14	-935	-	-	-935	-1,906
Total current liabilities		-935	-	-	-935	-1,906
Net current assets/(liabilities)		1,116	-	-	1,116	64
Net assets		11,390	1,257	471	13,118	15,905
The funds of the charity:						
Restricted funds	15	-	1,257	-	1,257	1,350
Endowment funds	15	-	-	471	471	471
Unrestricted funds	15	11,390	-	-	11,390	14,084
Total charity funds		11,390	1,257	471	13,118	15,905

The notes at pages 41 to 52 form part of these accounts.

The financial statements were approved by the Trustee and authorised for issue on and signed on their behalf by:

Signed



Lizzie Peers, Chair of Charitable Funds Committee.

Dated 26 June 2024

Statement of Cash Flows

Year ending 31st March 2024

	Notes	Total 2024 £'000	Total 2023 £'000
Reconciliation of net income/(expenditure) to net cash flow from operating activities			
Net income/(expenditure) as per the Statement of Financial Activities		-2,787	-1,082
(Deduct) / add back : non cash movement on investments	11	-354	1,068
Deduct : investment income		-539	-446
(Increase)/Decrease in trade and other receivables		-224	1,148
(Decrease)/Increase in trade and other payables		-971	-563
Net cash provided by (used in) operating activities		-4,875	125
Cash flows from investing activities			
Investment income from investments		539	446
Net cash provided by investing activities		539	446
Cash flows from financial activities			
Net cash movement on investments		4,193	20
Net cash generating from financing activities		4,193	20
Change in cash and cash equivalents in the reporting period		-143	591
Cash and cash equivalents at beginning of the period		1,657	1,066
Cash and cash equivalents at year end	13	1,514	1,657

Notes to the Financial Statements

Year ending 31st March 2024

1. Accounting Policies

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

The accounts are prepared on a going concern basis after consideration by the Corporate Trustee that there are no material uncertainties about the charity's ability to continue as a going concern. Such consideration includes a review of committed income and expenditures, cash flows and reserves. The Corporate Trustee does not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

The accounts are prepared in GBP and rounded to the nearest £1,000.

Group reconstruction

On 1 April 2023, Brighton and Sussex University Hospitals NHS Trust Charitable Fund (BSUH Charity, registered charity number 1050864) and Love Your Hospital (LYH, registered number 1049201) merged to become My University Hospitals Sussex (registered charity number 1050864). All the assets and liabilities of LYH transferred to BSUH Charity. Both charities were under the control of the same Corporate Trustee, University Hospitals Sussex NHS Foundation Trust. This resulted in a group reconstruction which has been accounted for using merger accounting with the prior year comparatives combined for both entities.

Changes in accounting policies

There has been no change in the basis of accounting for the year.

Income and endowments

All income and endowments, including legacies, are recognised in line with FRS102 and this is based upon the charity having a recognised legal entitlement to the income. It is probable that the income will be received and that the income can be measured with sufficient reliability.

Donated income recorded in the accounts is solely that which has been receipted via the cashier's office or credited directly into the charity bank account by the donor.

Expenditure

Expenditure is recognised when a liability is incurred.

Grants are only made to related NHS bodies and non NHS bodies in the furtherance of charitable activities.

Cost of generating funds

Raising funds includes all expenditure incurred by the charity to raise funds for its charitable purposes and includes costs of all fundraising activities, events and non-charitable trading. Corporate Trustee is free to use for any purpose in furtherance of the charitable objectives.

Expenditure on charitable activities

Costs of charitable activities comprise all costs incurred in pursuit of the objects of the charity, including education and training and grant support to University Hospitals Sussex NHS Foundation Trust in support of a range of charitable activities.

Allocation and apportionment of costs

Overhead and support costs have been allocated to the unrestricted funds.

Irrecoverable VAT

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Funds structure

The funds are classified in the accounts in three categories, restricted, unrestricted and endowment funds.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor and/or the Corporate Trustee at the inception of the fund.

Unrestricted funds are those which the Corporate Trustee is free to use for any purpose in furtherance of the charitable objectives. Unrestricted funds include designated funds which are not legally restricted but which the Corporate Trustee has chosen to earmark for set purposes.

Endowment funds are funds where the capital is held in perpetuity to generate income for charitable purposes and cannot itself be spent. The income earned on these funds will be categorised as restricted or unrestricted according to the restrictions imposed by the donor.

Realised gain and losses

All gains and losses are taken to the Statement of Financial Activities at the year end. Realised gains and losses on investments are calculated as the difference between sale proceeds and book cost. Unrealised gains and losses are calculated as the difference between the market value at the year end and the opening market value (or purchase if later).

Pooling scheme

An official pooling scheme is operated for investments relating to Brighton and Sussex University Hospitals NHS Trust Charitable Funds which is regulated by the Declaration of Trust dated 1 February 2005.

Notes to the Financial Statements

Year ending 31st March 2024

	Unrestricted Funds £'000	Restricted Funds £'000	Endowment Funds £'000	Total Funds 2024 £'000	Total Funds 2023 £'000
2. Donations, legacies and other income					
Donations	562	35	-	597	367
Legacies	1,070	-	-	1,070	1,008
Other income	9	-	-	9	83
Total donations, legacies and other income	1,641	35	-	1,676	1,458

	Unrestricted Funds £'000	Restricted Funds £'000	Endowment Funds £'000	Total Funds 2024 £'000	Total Funds 2023 £'000
3. Investment income					
Fixed asset equity and similar investments	539	-	-	539	446
Total investment income	539	-	-	539	446

	Unrestricted Funds £'000	Restricted Funds £'000	Endowment Funds £'000	Total Funds 2024 £'000	Total Funds 2023 £'000
4. Analysis of expenditure on raising funds					
Fundraising events	-61	-	-	-61	-34
Support costs	-197	-	-	-197	-28
Other costs	-17	-	-	-17	-13
Total	-275	-	-	-275	-75

Notes to the Financial Statements

Year ending 31st March 2024

5. Charitable activities and support costs

Analysis of charitable expenditure

The charity did not undertake any direct charitable activities on its own account during the year. All of the charitable expenditure was in the form of grant funding in both the current and prior year. Of the grants made, £128k was from restricted funds (2023 £66k). Grants were approved in favour of UH Sussex for the benefit of patients and staff.

	Notes	Grant Funded Activity £'000	Support Costs £'000	Total Funds 2024 £'000	Total Funds 2023 £'000
Charitable activities					
Patient welfare		-889	-149	-1,038	-668
Staff education and welfare		-988	-166	-1,154	-805
Misc		-46	-8	-54	-152
Capital grants	9	-2,427	-408	-2,835	-218
Totals		-4,350	-731	-5,081	-1,843

Administrative expenses

Administrative expenses are the costs of the team employed by UH Sussex to manage the charity. Governance costs are also included here and are those costs which are related to the strategic management of a charity. Costs are allocated between raising funds and support costs on the basis shown below.

	Fund Raising Costs £'000	Support Costs £'000	Total 2024 £'000	Total 2023 £'000	
External audit	-	-22	-22	-22	Direct allocation
Investment costs	-	-61	-61	-82	Direct allocation
Governance	-	-83	-83	-104	
Finance administration	-	-162	-162	-79	Time (%)
Charity office	-197	-486	-683	-415	Time (%)
Total	-197	-731	-928	-598	

Notes to the Financial Statements

Year ending 31st March 2024

6. Analysis of staff costs and remuneration of key management personnel

The charity does not employ staff so there are no employee benefits or remuneration costs. The Charity team and the Finance staff are employees of UH Sussex, and their costs are recharged to the charity and are included within the administrative expenses in Note 5. Employment costs such as Employers National Insurance or Pensions, are included in the recharged amount and the charity will not have liabilities of this nature.

The average head count during the year was 15 (12 in 2023) and the average number of full time equivalent employees during the year was 10.55 (7.21 in 2023). The employees were involved in fundraising and providing support services to charitable activities.

One Trust employee received benefits of more than £60,000 which fell in the banding £90,000 - £100,000 in the current and preceding year.

The charity considers the members of the Board of Directors of UH Sussex (the corporate trustee) to be its key management personnel. Their services are provided at no cost to the charity.

7. Auditor's remuneration

The auditor's remuneration for the current year audit is at £18,000 net of VAT (£18,250 net of VAT in 2023). The amount included within the governance costs is the gross value of £21,600.

Notes to the Financial Statements

Year ending 31st March 2024

8. Role of volunteers

Volunteers add significant benefit to the charity, without them we would not be able to deliver the breadth of support for the Trust that we do. Like all charities, the charity is reliant on a team of volunteers to assist in the running of the charity. Our volunteers perform the following roles:

- **Fundholders** - Staff who manage how the charity's designated funds should be spent. These funds are earmarked by the Trustees to be spent for a particular purpose or in a particular ward or department. Each fundholder has delegated powers to spend the designated funds that they manage in accordance with the Trustee's wishes.
- **Fundraisers** - There are a number of local individuals who actively fundraise for the charity by holding events such as coffee mornings, sponsored walk/runs, collections, fundraising BBQs, etc. Albeit during the COVID-19 pandemic many of these events were postponed or scaled back to meet government guidelines in place at the time.

9. Trustee's remuneration, benefits and expenses

The Board of Directors of UH Sussex act as the Corporate Trustee of the charity. As stated in Note 6 their services are provided at no cost to the charity.

Notes to the Financial Statements

Year ending 31st March 2024

10. Capital grants

All grants are made to UH Sussex to provide for the care of NHS patients and for the education and welfare of its staff. The Corporate Trustee operates a scheme of delegation, through which a grant funded activity is managed by fundholders responsible for the day to day administration of their funds. The charity does not make grants to individuals. The capital grants received by the beneficiary were as follows:

	Total 2024
	£'000
Endoanal Ultrasound Scanners	78
Cardiology Optical Coherence Tomography (OCT)	90
Ophthalmics OCT	70
MacMillan Information and Support Hub	20
Armed Forces Garden	61
North Wing Garden refurbishment	80
Bioletic Laser systems	20
Simulation Suite equipment	297
Patient Lockers	11
SPYPHI Camera System	81
Bladder Scanner	12
Audiology Reception works	10
Transcutaneous Monitors	13
Exo View 200	92
Intraoperative Ultrasound	117
Self Service Library Kiosks	45
Fluoroscopy Ward refurbishment	579
CT Scanner	571
Physio Gym equipment	22
ITU Echo System	43
Small equipment for new hospital building	21
MACView 360	12
Children's Sensory Garden	16
Maternity Digital Communications Tool	32
Leoni Ventilator	27
Other items < £10,000	7
Total capital grants	2,427

Notes to the Financial Statements

Year ending 31st March 2024

	Unrestricted Funds £'000	Restricted Funds £'000	Endowment Funds £'000	Total Funds 2024 £'000	Total Funds 2023 £'000
11. Fixed asset investments					
Movement in fixed asset investment					
Market value brought forward	14,020	1,350	471	15,841	16,929
Net movement	-3,746	-93	-	-3,839	-1,088
Market value as at 31 March	10,274	1,257	471	12,002	15,841

Fixed asset investment by type

	Total 2024 £'000	Total 2023 £'000
Fixed interest funds	9,355	8,333
Equities	1,645	4,538
Unit/investment trust	-	986
Cash held for reinvestment	1,002	1,984
Total	12,002	15,841

All investments are carried at their fair value

Analysis of current year movement

	Total 2024 £'000
Income receipts (dividends and interest)	487
Payment of investment management fees	-66
Funds paid over to charity	-4,614
Net cash movement on Investments	-4,193
Non cash movement on investments - unrealised gain	354
Total net movement	-3,839

Funds paid over to charity include approved drawdowns (£4.2m) that were instructed by the Trustee.

Notes to the Financial Statements

Year ending 31st March 2024

12. Analysis of current debtors

Accrued income	533	311
Prepayments	4	2
Total debtors under 1 year	537	313

There are no debtors owing that are more than 1 year

13. Analysis of cash and cash equivalents

Cash held at bank	1,514	1,657
Total cash and cash equivalents	1,514	1,657

14. Analysis of liabilities

Creditors - intercompany balance owed to UH Sussex	-753	-1,806
Accruals	-182	-100
Total creditors under 1 year	-935	-1,906

There are no debtors owing that are more than 1 year

Total 2024 £'000	Total 2023 £'000
533	311
4	2
537	313

Total 2024 £'000	Total 2023 £'000
1,514	1,657
1,514	1,657

Total 2024 £'000	Total 2023 £'000
-753	-1,806
-182	-100
-935	-1,906

Notes to the Financial Statements

Year ending 31st March 2024

	Balance at 1 April 2023	Income	Expenditure	Transfers	(Gains) and losses	Balance at 31 March 2024
	£'000	£'000	£'000	£'000	£'000	£'000
15. Analysis of charitable funds						
Material funds						
Restricted funds						
PGMC Education Fund	670	-	-5	-	-	665
Library Endowment Fund	516	-	-98	-	-	418
Fernhurst Appeal	38	35	-8	-	-	65
NHS Charities Together	126	-	-17	-	-	109
Total restricted funds	1,350	35	-128	-	-	1,257
Endowment funds						
Miss Hannington	401	-	-	-	-	401
Other funds	70	-	-	-	-	70
Total endowment funds	471	-	-	-	-	471
Unrestricted funds						
Designated funds						
Cancer funds	1,855	191	-47	119	-	2,118
Cardiovascular funds	3,064	123	-129	-3,058	-	-
Specialist services	-	106	-300	4,424	-	4,230
Other funds	3,450	374	-888	-1,485	-	1,451
Total designated funds	8,369	794	-1,364	-	-	7,799
General funds	5,715	1,386	-3,864	-	354	3,591
Total unrestricted funds	14,084	2,180	-5,228	-	354	11,390
Grand total	15,905	2,215	-5,356	-	354	13,118

Details of material funds held at 31 March 2024

Following the group reconstruction, the Trustees reorganised funds around Trust divisions and site-specific funds. This resulted in transfers within unrestricted funds, but no transfers were made within restricted or endowment funds.

Fund type	Name	Description of the nature and purpose of each fund
Restricted funds	PGMC Education Fund	Support post graduate medical and dental training
	Library Endowment Fund	Development of library services
	Fernhurst Appeal	To provide and maintain a Cancer Day Unit at the Trust
Endowment funds	Miss Hannington	Capital in perpetuity
Designated funds	Cancer funds	For the benefit of cancer patients and staff
	Cardiovascular funds	For the benefit of cardiovascular patients and staff (now part of specialist services)
	Specialist services	For the benefit of specialist services patients and staff including cardiovascular
	General funds	For the general benefit of patients and staff in the hospitals

Notes to the Financial Statements

Year ending 31st March 2024

16. Commitments, liabilities and provisions

The Trustee recognises liabilities in the accounts once they have incurred a legal or constructive obligation to expend the funds. No provision has been included in this set of accounts as no such circumstances existed at the year end.

17. Contingencies

There were no contingent gains, losses, assets or liabilities.

18. Controlling party

The Board of Directors of University Hospitals Sussex NHS Foundation Trust act as the Corporate Trustee of the charity, the ultimate controlling party.

With effect from 1 April 2021 the Board of Directors of University Hospitals Sussex NHS Foundation Trust act as the Corporate Trustee of My University Hospitals Sussex (registered charity no. 1050864).

19. Related party transactions

The Board of Directors of UH Sussex acts as the Corporate Trustee for the charity.

None of the members of UH Sussex's Board of Directors or parties related to them has undertaken any transactions with the charity or received any benefit from the charity in payment or in kind. These directors received no honoraria or emoluments in the year. No expenses have been paid by the charity to these directors.

UH Sussex makes a number of clerical and transaction services available to the charity, by agreement with the Trustee. These include fundraising, administrative and finance support services at a cost of £845k in 2024 (£494k in 2023). These costs are included within support costs - see Note 5.

University Hospitals Sussex NHS Foundation Trust is the main creditor of the charity - see Note 14.

20. Post Balance Sheet events

There were no post Balance Sheet events to report.

Statement of Financial Activities

Year ending 31st March 2024

21. Comparatives for the statement of financial activities (31 March 2023)

	Notes	Unrestricted Funds £'000	Restricted Funds £'000	Endowment Funds £'000	Total Funds 2023 £'000
Income from					
Donations, legacies and other income	2	1,456	2	-	1,458
Investment income	3	446	-	-	446
Total Income		1,902	2	-	1,904
Expenditure on					
Administrative expenses		-75	-	-	-75
Charitable activities					
Patient		-660	-8	-	-668
Staff education and welfare		-760	-45	-	-805
Misc		-139	-13	-	-152
Capital grants		-218	-	-	-218
Total charitable activities		-1,777	-66	-	-1,843
Total expenditure		-1,852	-66	-	-1,918
Net gains/(losses) on investments	10	-1,068	-	-	-1,068
Net income/(expenditure)		-1,018	-64	-	-1,082
RECONCILIATION OF FUNDS					
Net income/(expenditure)		-1,018	-64	-	-1,082
Transfer between funds		-	-	-	-
Net movement in funds		-1,018	-64	-	-1,082
Total funds brought forward		15,102	1,414	471	16,987
Total funds carried forward		14,084	1,350	471	15,905

Administration Details and Professional Advisors

Administration

Registered name:

My University Hospitals Sussex

Working names:

My University Hospitals Sussex
My Charity

Registered address:

Worthing Hospital
Lyndhurst Road
Worthing
West Sussex
BN11 2DH

Contact details:

Email **uhsussex.charity@nhs.net**

Phone **01273 664708**

Registered charity number:

1050864

Principle professional advisors

Bankers:

NatWest
Government Banking Services Branch
Premier Place
2½ Devonshire Square
London
EC2M 4BA

Investment fund managers:

Atomos Investment Ltd
Pacific House
126 Dyke Road
Brighton
East Sussex
BN1 3TE

Auditors:

Kreston Reeves LLP
9 Donnington Park
85 Birdham Road
Chichester
West Sussex
PO20 7AJ

Solicitors:

Capsticks Solicitors LLP
1 St George's Road
Wimbledon
London
SW19 4DR

Dedicated charity of



University Hospitals Sussex
NHS Foundation Trust

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Royal Sussex County Hospital
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Web **www.myuhsussex.org**

Registered Charity Number: 1050864

my **University**
Hospitals
Sussex